

# COUNSELING CORNER



## Happy March at LaunchED!



Meet us on the corner where education and well-being connect seamlessly at LaunchED! March is ushering in the testing season and the exciting prospect of graduation, with plenty of learning experiences packed in between.

In this newsletter, we're thrilled to share updates on upcoming events suitable for students of all levels. Our aim is for everyone to find something enjoyable to participate in. As we move ahead, we want to remind our students to make the most of the wonderful resources available through our counseling department.

Don't hesitate to reach out to us – we're here to help! And remember, if you need to get in touch, your advisory teacher can provide our contact information. We're just a message away!

Britt Hakonson, School Counselor  
Julie Mitchell, Interventionist

### GAMES CLUBS

4TH - 5TH, 6TH - 8TH  
COMING IN MARCH

### GSA CLUB

B FRIDAYS 11:45 - 12:30  
MS. MITCHELLS WEBEX

### SPRING BREAK

MARCH 18 - 22

### 3RD/4TH/5TH

FRIENDSHIP GROUPS  
COMING IN APRIL

### LATE START

APRIL 3

### SAT APRIL 10TH

PSAT APRIL 11TH

CMAS WINDOW APRIL 9-19

# FOR KINDER THROUGH FIFTH

## Social Emotional Learning in the Classes

Classroom teachers work hard to integrate social-emotional learning into their academic lessons with the support of the LE counseling team.

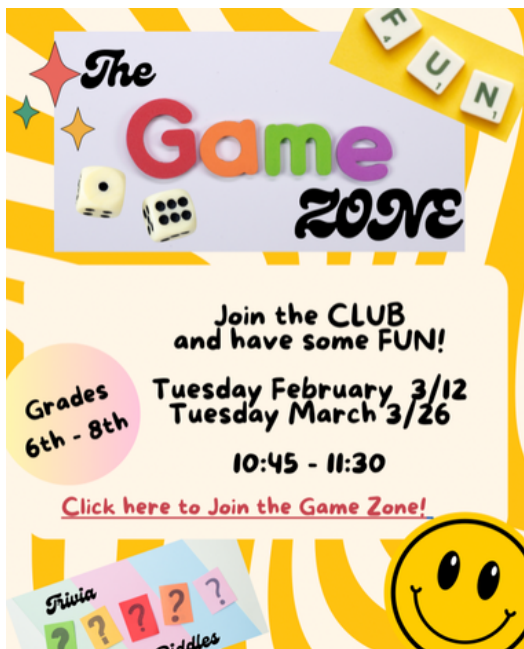
Social and Emotional Learning (SEL): What does this mean for your child? It's all about helping them develop skills like kindness, empathy, and resilience alongside their academic learning. Through fun activities and discussions, we've been creating a supportive environment where every child can thrive academically and emotionally.

## Social opportunity for 4th and 5th graders!



# FOR MIDDLE SCHOOL

## Social opportunity for Middle Schoolers



## Social Emotional Learning in Advisory

Navigating middle school can be challenging, and that's why we're here to support our students in more ways than one. As part of our commitment to Social and Emotional Learning (SEL), we're bringing important topics into Advisory—like addressing test anxiety head-on. We understand that these challenges can impact not just their grades but also their overall well-being.

Discussing these topics openly and providing coping strategies empowers our students to manage stress effectively and thrive in their learning journey. After all, a healthy mind is key to academic success!



# FOR HIGH SCHOOL

## Classes for Next Year

Do you want to enroll in a college course while still a high school student?  
Did you know you can earn dual credits, and SVVSD will pay for your tuition?  
District Concurrent Enrollment for the Fall 2024 Semester **is available now!**

### St. Vrain Valley Schools Important Dates:

- Concurrent Enrollment Window: **closes May 10th.**
- AIMS Community College Course Catalogue **is available online now.**
- FRCC Course Catalogue available **is available online now.**
- The priority deadline to apply to FRCC is **March 12th** (applies only to new FRCC students).

Want more info on Concurrent Enrollment?

Reach out to your School Counselor, Ms. Britt,  
for additional information and registration help:  
[hakonson\\_susan@svvsd.org](mailto:hakonson_susan@svvsd.org).



# FOR SENIORS

## Graduation is Fast Approaching

With graduation on the horizon, we're preparing to bid farewell to our seniors on the final stretch of the academic year. Their achievements, both academic and personal, inspire us all.

**Graduation is May 23rd, 5:00**, at the Innovation Center in Longmont. **Graduation practice** will be on the afternoon of **Monday the 20th**. Attend advisory for all of the details!

For all things graduation, check out the **Graduation Folder in your Senior Advisory Schoology**, including ordering caps and gowns, wristbands, and deadlines.

**Let us know if you have any questions!**

Submit your senior and baby photos  
by May 8 for the senior slide show



### Community Events and Opportunities

**ST VRAIN SAFE SCHOOLS COALITION** **PARENT EDUCATION SERIES 2024**

The St. Vrain Safe Schools Coalition invites adult-allies, parents and guardians of LGBTQ+ youth to learn how to advocate for their students in St Vrain schools!

Register [here](#) to receive meeting information.

Sessions are free to attend and are hosted at the Longmont Hub on Coffman Street, with the option for virtual attendance.

<b>MAR 26</b>	<b>UNDERSTANDING STATE STANDARDS: COMPREHENSIVE SEX EDUCATION</b> 4:00 PM - 5:15 PM
<b>APR 23</b>	<b>UNDERSTANDING STATE STANDARDS: SOCIAL STUDIES</b> 4:00 PM - 5:15 PM
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Hosted in Longmont, Colorado. Register for meeting location.

FREE TO ATTEND  
REGISTER FOR LOCATION AND INFORMATION AT:  
[TINYURL.COM/SAFESCHOOLS23](https://tinyurl.com/safeschools23)

## TRANSPORTATION & CONSTRUCTION | GIRLS™

### Career Week for GIRLs 2024 Application

**Apply TODAY** - Now accepting applications for June 2024  
**Application Deadline: March 30, 2024**

#### Career Week for GIRLs (CWG) is a Week Long Program

GIRLs are expected to attend Monday through Friday from 8:30 am to 3:30 pm. Each day we meet at a different host company site. Host companies will provide free lunch. GIRLs learn about the myriad of careers that lie within transportation and construction.

This is part of the HOYA Foundation's effort to encourage more young women to pursue careers in transportation and construction.

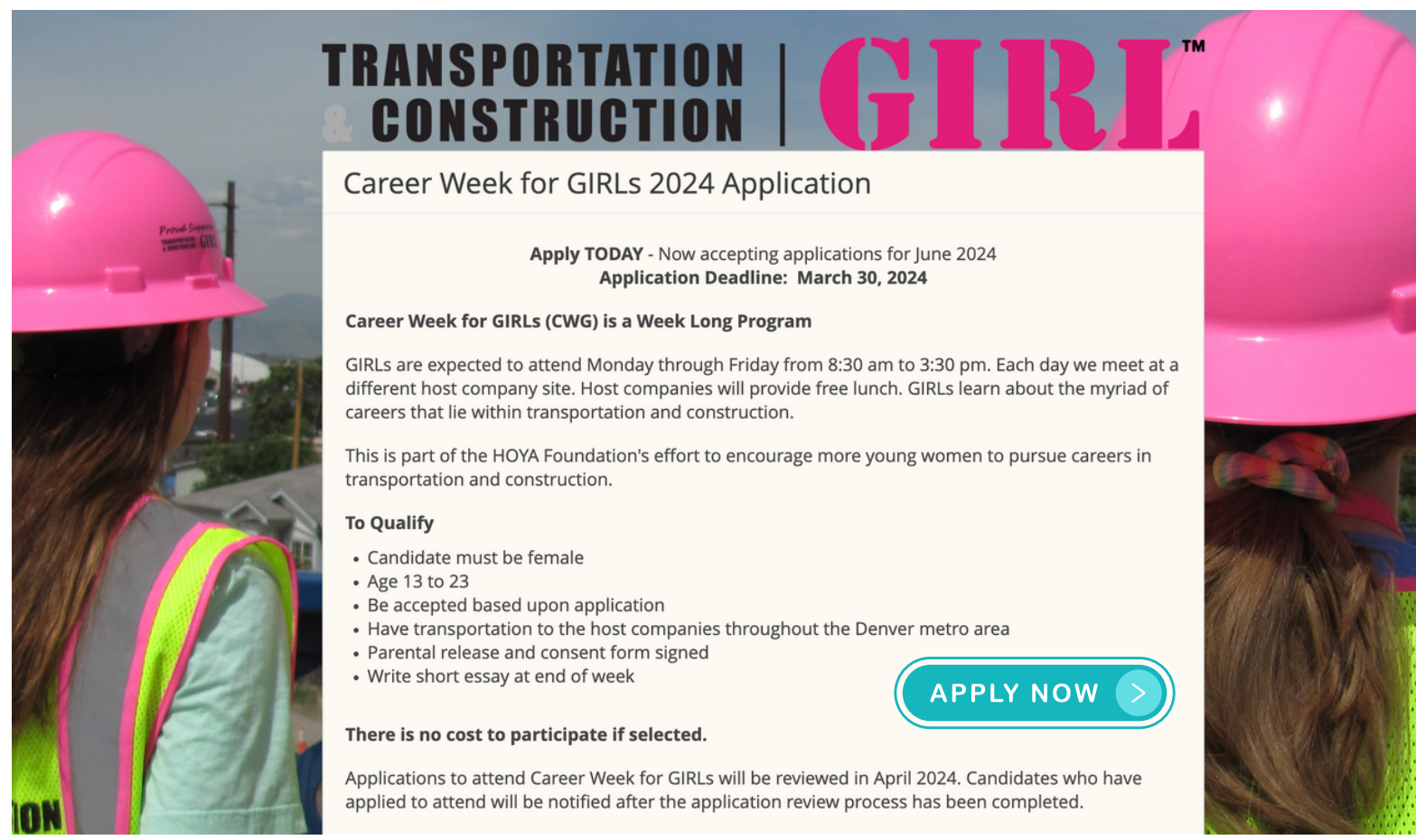
#### To Qualify

- Candidate must be female
- Age 13 to 23
- Be accepted based upon application
- Have transportation to the host companies throughout the Denver metro area
- Parental release and consent form signed
- Write short essay at end of week

**APPLY NOW** >

**There is no cost to participate if selected.**

Applications to attend Career Week for GIRLs will be reviewed in April 2024. Candidates who have applied to attend will be notified after the application review process has been completed.





# RINCÓN DE ASESORAMIENTO



**¡Feliz  
marzo en  
LaunchED!**

¡Encuéntrenos en la esquina donde la educación y el bienestar se conectan perfectamente en LaunchED! Marzo marca el comienzo de la temporada de exámenes y de la emocionante perspectiva de graduarse, con muchas experiencias de aprendizaje en el medio.

En este boletín, estamos encantados de compartir actualizaciones sobre los próximos eventos adecuados para estudiantes de todos los niveles. Nuestro objetivo es que todos encuentren algo divertido en lo que participar. A medida que avanzamos, queremos recordarles a nuestros estudiantes que aprovechen al máximo los maravillosos recursos disponibles a través de nuestro departamento de consejería.

No dude en comunicarse con nosotros: ¡estamos aquí para ayudarlo! Y recuerda, si necesitas ponerte en contacto, tu profesor asesor puede proporcionarte nuestra información de contacto. ¡Estamos a solo un mensaje de distancia!

Britt Hakonson, consejera escolar  
Julie Mitchell, intervencionista

**CLUB DE JUEGOS**

**4 E 5Y, 6 - 8  
EN MARZO**

**GSA CLUB**

**B VIERNES 11:45 - 12:30  
SRA. MITCHELLS WEBEX**

**VACACIONES DE PRIMAVERA  
DEL 18 AL 22 DE MARZO**

**LOS GRUPOS DE AMISTAD**

**3Y, 4Y 5Y  
LLEGARÁN EN ABRIL**

**INICIO TARDÍO EL  
3 DE ABRIL**

**SAT 10 DE ABRIL  
PSAT 11 DE ABRIL  
VENTANA CMAS  
9-19 DE ABRIL**

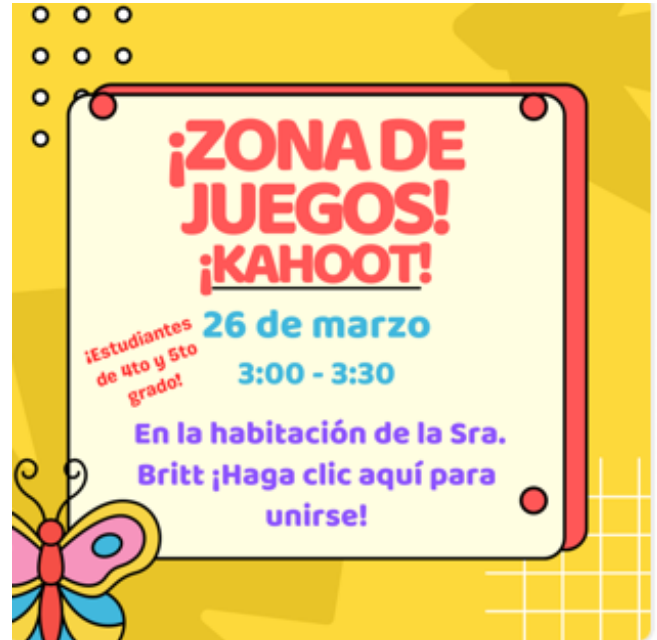
# DESDE KINDER HASTA QUINTO

## Aprendizaje socioemocional en las clases

Los maestros de aula trabajan arduamente para integrar el aprendizaje socioemocional en sus lecciones académicas con el apoyo del equipo de asesoramiento de LE.

Aprendizaje social y emocional (SEL): ¿Qué significa esto para su hijo? Se trata de ayudarlos a desarrollar habilidades como la amabilidad, la empatía y la resiliencia junto con su aprendizaje académico. A través de actividades y debates divertidos, hemos estado creando un ambiente de apoyo donde cada niño puede prosperar académica y emocionalmente.

## ¡Oportunidad social para alumnos de 4to y 5to!



# PARA LA ESCUELA MEDIA

## Oportunidad social para estudiantes de secundaria



## Aprendizaje socioemocional en asesoría

Navegar por la escuela secundaria puede ser un desafío y es por eso que estamos aquí para apoyar a nuestros estudiantes en más de un sentido. Como parte de nuestro compromiso con el aprendizaje social y emocional (SEL), estamos incorporando temas importantes a Advisory, como abordar de frente la ansiedad ante los exámenes. Entendemos que estos desafíos pueden afectar no solo sus calificaciones sino también su bienestar general.

Discutir estos temas abiertamente y brindar estrategias de afrontamiento permite a nuestros estudiantes manejar el estrés de manera efectiva y prosperar en su viaje de aprendizaje. Después de todo, ¡una mente sana es clave para el éxito académico!



# PARA LA ESCUELA SECUNDARIA

## Clases para el próximo año

- ¿Quieres inscribirte en un curso universitario mientras aún eres estudiante de secundaria?
- ¿Sabía que puede obtener créditos duales y que SVVSD pagará su matrícula?
- ¡La inscripción simultánea del distrito para el semestre de otoño de 2024 ya está disponible!

### Fechas importantes de las escuelas de St. Vrain Valley:

- Periodo de inscripción simultánea: cierra el 10 de mayo.
- El catálogo de cursos de AIMS Community College ya está disponible en línea.
- El catálogo de cursos FRCC disponible ya está disponible en línea.
- La fecha límite de prioridad para postularse a FRCC es el 12 de marzo (aplica solo para nuevos estudiantes de FRCC).



¿Quiere más información sobre la inscripción simultánea?

**Comuníquese con su consejera escolar, la Sra. Britt, para obtener información adicional y ayuda con la inscripción:**  
**hakonson\_susan@svvsd.org.**



## PARA PERSONAS MAYORES

### La graduación se acerca rápidamente

Con la graduación en el horizonte, nos estamos preparando para despedirnos de nuestros seniors en la recta final del año académico. Sus logros, tanto académicos como personales, nos inspiran a todos.

**La graduación es el 23 de mayo a las 5:00 en el Centro de Innovación en Longmont. La práctica de graduación será la tarde del lunes 20. ¡Asiste a asesoría para todos los detalles!**

Para todo lo relacionado con la graduación, consulte la Carpeta de graduación en su Schoology de asesoramiento para personas mayores, incluido el pedido de togas y birretes, pulseras y fechas límite.

**¡Háganos saber si tiene alguna pregunta!**

*Envíe sus fotografías de senior y bebe antes del 8 de mayo para la presentación de diapositivas de senior*



### Eventos y oportunidades comunitarias

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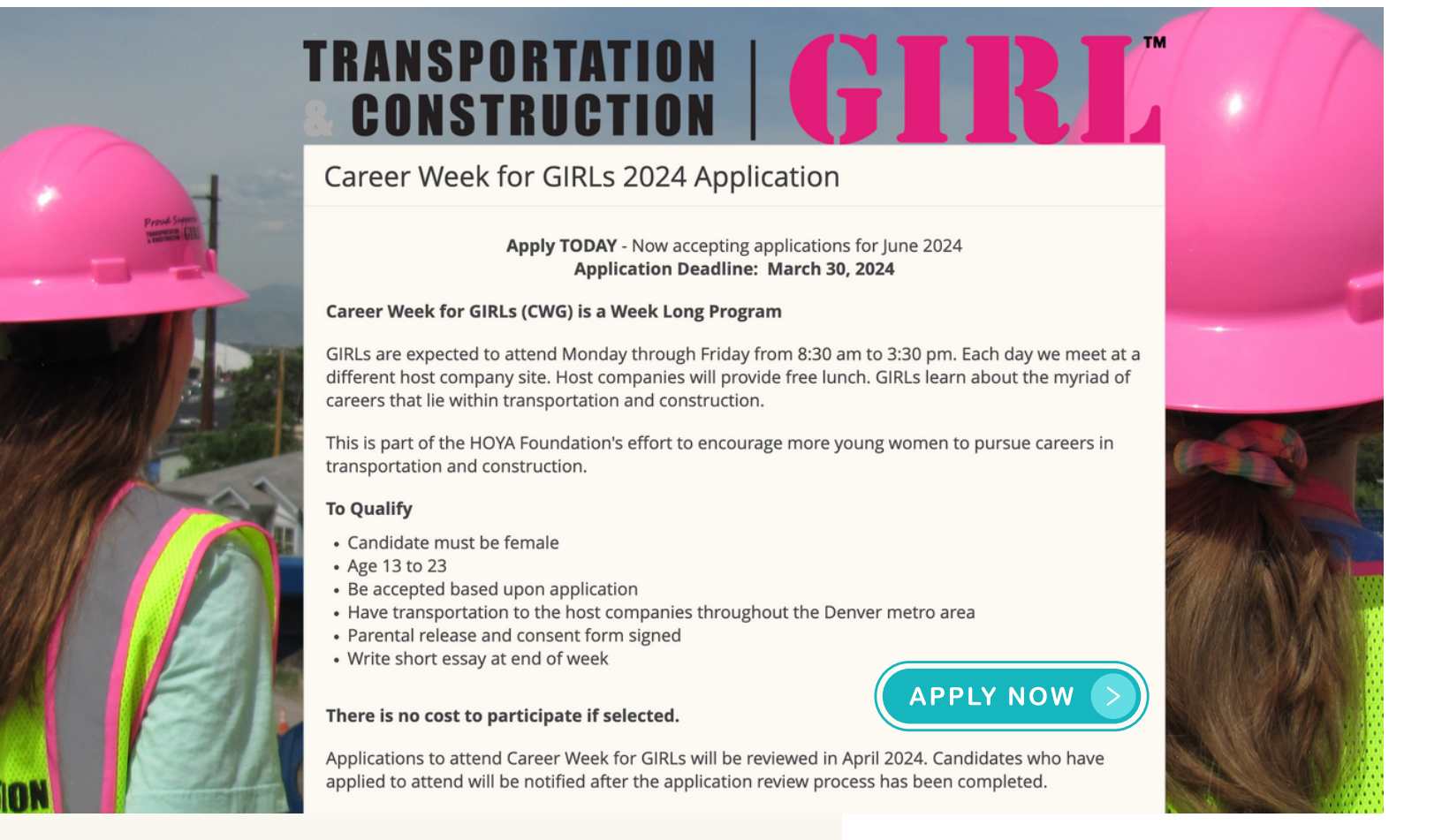
Regístrese aquí para recibir información sobre la reunión.

La asistencia a las sesiones es gratuita y se llevan a cabo en Longmont Hub en Coffman Street, con la opción de asistencia virtual.

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